



Guía de trabajo N° 8

HELLO YOU MAGNIFICENT YOUNGSTERS!

I hope that you're doing well, because I want all of you to feel as good as possible in these lousy times. As always I ask you to be safe and to respect the quarantine, since it is the only thing that will guarantee your well-being.



Finally we are able to start the first unit, so, let's say it is something exciting in some way.

Unit I: people and our beliefs.

Well students the unit is going to be divided into 4 worksheets in which different but related topics are to be seen; topics related to the unit such as first impressions, stereotypes, urban legends and myths. All of them will be seen in different forms like texts or audios that will be attached when the time comes. Now, without a further ado let's start.

WHAT'S IN OUR APPEARANCE?

Often when we try to define our identity we get trapped in stereotypes. First impressions can be dangerous because you can be categorized as a particular type of person which has nothing to do with you. Stereotypes are beliefs about people based on their membership in a particular group. They can be positive, negative, or neutral. Stereotypes based on gender, ethnicity, or occupation are common in many societies. The tendency is to believe that if you come from a tropical climate then you wear multi-coloured clothes, and you are often extroverted and love singing and dancing in the street. It is also said that people from the cold countries are very reserved and don't show their emotions easily. These people usually wear extra warm coats, scarves, gloves, ear-muffs and all kinds of hats to keep the cold out, especially in winter. So, can we say they are old-fashioned and boring because they are not wearing shorts which are the latest fashion?



In some countries, people wear traditional dress in a stylish modern way, like the women in India who wear saris with sunglasses and the many new styles of turban that men and women are wearing in countries where people wrap their heads. Some people prefer natural fibres and others prefer more industrial fabrics. Does this mean they have a defined personality type? What about young people? In this age of communication, youngsters all around the world follow their own trends and you will find a teenager with spiked dyed hair as well as piercings, chatting on the Internet with a friend on the other side of the globe who is wearing baggy clothes and has a shaggy haircut. However, both are probably wearing trainers on their feet and share the same musical preferences. Whatever their appearance, tall or short, slim or broad or wearing vintage clothes, will this image tell us about



someone's behaviour? We tend to form stereotypes simply because our brains like to put information in order. It is easier to remember things or people if we put them into categories. This developmental theory however should not make us label people just because they remind us of something or someone. We need to get to know the other person before we form an opinion of them. Have you ever formed an opinion about somebody that was completely wrong?

Activity.

1) What is the text about?

- a. Fashion.
- b. Stereotypes.
- c. Discrimination.

2) Read the text again. Are the statements **True (T) or **False (F)****

- a. Forming first impressions is not common.
- b. People assume that weather affects personality.
- c. People with different clothes usually have very different interests.
- d. Our brains can't classify and simplify information for us.

3) Answer in your own words you can answer in either English or Spanish.

- a. What is a stereotype?
- b. Are first impressions dangerous? Why? Why not?
- c. Do you think the media has a positive or negative effect on common stereotypes? Why? Why not?

4) Create a glossary of at least 15 words that are new to you, each with its Spanish translation.